

# Sensory Parcel Service



This box is inspired by jewellery makers Tatty Devine whose show Mis-shapes is was on at Ty Pawb until the 12th of November.

You can see the exhibition online here: <https://www.tyapwb.wales/events/misshapes-the-making-of-tatty-devine/>

This box of sensory and creative activities to do together has been designed and developed by Making Sense in collaboration with artist Ella Louise Jones: <https://ellalouisejones.portfoliobox.net/>

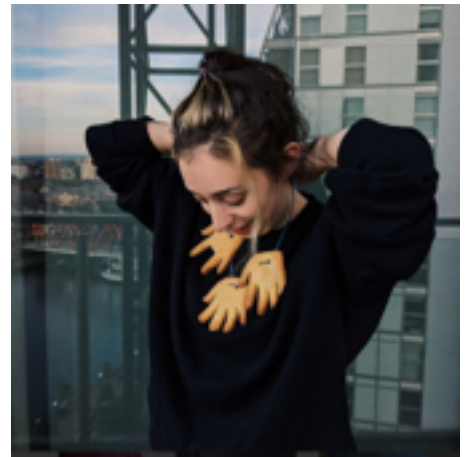
## Contents

- Perspex hands and outlines
- A hole punch
- Gloves
- Assorted textured card
- Paper
- Laces
- Food colouring
- Rice, lentils
- Needle and thread

All materials should be used with supervision at all times

You will also need

- Scissors
- PVA Glue
- Baking equipment
- eggs, flour, butter



## Activity ideas

Here are some ideas for using the materials provided in the box  
Feel free to follow your own ideas too and the sensory needs of the people you support.

### Hands!!

Hands are so important for holding, feeling, communicating and touch

You will find Tatty Devine inspired perspex hands in the pack and there are so many ways to be creative with them.



Here are a few:

Use them to draw around on paper, overlapping each other, creating your own pattern to colour in or paint.

Weave wool through the fingers

Use as a template to cut out hands from textured card and explore the textures with your own hands!

Create a hand sculpture

Create hand shaped decorations by threading

Press into clay or play dough

Compare them with your own hands  
Draw around each others hands too.  
Try painting around real hands with a brush or feather!



Bake hand shaped biscuits using the hand outline as a cutter.

Cover with paint and print hands onto paper

Use the outline as a stencil for textured hand prints

Thread onto laces and wear as jewellery or decorate your room

## Biscuit Hands Recipe

### Ingredients

150g plain flour, plus extra for dusting

100g butter, chilled and cubed

50g caster sugar, plus 1 tbsp for sprinkling

Flavouring

Food colouring



### STEP 1

Heat the oven 170C/150C fan/gas 3. Put the flour, butter and sugar into a mixing bowl. Use your hands to combine the ingredients until the mixture looks like breadcrumbs, then squeeze until it comes together as a dough.

### STEP 2

On a lightly floured surface, use a rolling pin to roll out the dough to ½ cm thick. Cut the dough into hand shapes with the hand outline and place on a lined baking tray. Use a fork to create imprints, then sprinkle with the remaining caster sugar.

If you intend to thread your hands once baked, use the handle end of a spoon and twist to make holes before baking.

### STEP 3

Chill the dough in the fridge for 20 mins, then bake for 15-20 mins until golden brown. Remove the shortbread fingers from the oven and leave to cool on the tray for 10 mins.



## Sensory Gloves

Try filling the gloves provided with rice or lentils

See how different each one feels to touch and to hold.

You could experiment with other materials inside the gloves too

To secure the gloves and prevent spillage, stitch along the opening with the needle and thread provided.

tŷ pawb

  
Gogledd Cymru **Gyda'n Gilydd**  
North Wales **Together**  
Gwasanaethau Ddi-dor i bobl ag Anableddau Dysgu  
Seamless services for people with Learning Disabilities

 **making  
sense** CIC