



**Creative activities inspired by
Chris Bird-Jones exhibition
“Rydym i gyd yn fregus, We are
fragile”**

**at Ruthin Craft Centre from 15th of
January to the 3rd of April 2022**

<https://chris-bird-jones.co.uk/works-2/seven-silver-spoon>



**“Spoons, they hold, pour, stir and measure, they come in all
shapes and sizes materials and quantities.**

They might be a child’s first tool, administer a saving tonic or be a
key component in a ceremony.

Spoons, they are seemingly commonplace, they can be com-
postable or they can be collectable.

We hold them easily and discard them freely

Spoons, peer into one and life is turned upside down.”

Contents

Wooden spoons, pipe cleaners, bells, tape,

Shiny silver spoons

Small round mirror

5 minute sand timer

Green Tea

Paper

Activity ideas

Here are some sensory ideas for using the materials provided in the box
Feel free to follow your own ideas too and the sensory needs of the people you support.

Chris Bird Jones exhibition has its own Facebook page where people have added their own spoon related stories and films - have a look for inspiration, you could add your own too! <https://www.facebook.com/llwyo.spooning/>



Object Handling

Explore the mirror, spoons and sand timer in the pack

See how the mirror frames you and can become a portal to see the world from another perspective.

See yourself upside down in a spoon!

Watch the sand fall in the timer, use it to time parts of your session and for other activities.

Found sound

Explore ways to create sound using spoons to create your own soundscape, giving everyone a role to create a sound in a different way.

Record your soundscape and share on the Facebook page

<https://www.facebook.com/llwyo.spooning/>

Musical spoons

“Spoons are human in character with a bowl head and handle body”

Turn a wooden spoon into a musical person

Adding

Pipe cleaners with bells and tape to the handle

Adding a face and hair it will become a musical character!



Spoons as tools for mark making

Collect together different kinds of spoons

wooden spoons, tea-spoons, ladles
dessert spoon, slotted spoons

Mix paint and water in different sized bowls.

Pour, spill, drip, splat, smudge, scrape, smear, scratch paint and water on paper.





Organise your own Tea Ceremony

A Tea Ceremony is a ceremonial way of preparing and drinking green tea typically in a traditional tearoom with tatami floor.

Beyond just serving and receiving tea, one of the main purposes of the tea ceremony is for the guests to enjoy the hospitality of the host in an atmosphere distinct from the fast pace of everyday life.

Have your own tea ceremony by focusing attention on the small details of making a cup of tea - the smell of the tea, the sound of water being poured into a cup and a teaspoon stirring in milk and sugar!



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